



NEWBORN SESSION PREP GUIDE

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FAQS



HELLO *and* WELCOME

Thank you for choosing me as your newborn photographer.

I look forward to working with you.

I realize that we are in unprecedented times right now and you might be feeling a little nervous for your session, but rest assured, our studio is kept covid safe and we will take the upmost care in protecting your little one during the session. In order to help me create a successful session for you, please carefully read through the following information and try to follow it the best you can:

And xoxo



ORGANICALLY
BEAUTIFUL

What to Expect



Your session starts at the time it is scheduled for so please do your best to be on time. Newborn sessions generally last between 2 – 3 hours so please plan for that.

The studio will be VERY warm in order to keep your baby comfortable and sleeping. Please dress in layers so that you don't get too hot. Bottled water will be provided but please also feel free to bring your own refreshments. I try to emulate a 'womb' like environment for your baby to keep them calm and soothed so I will have white noise playing loudly in the studio.

As my studio doesn't have a lot of seating room and is kept VERY warm, I kindly ask that you do not bring extra family members/friends with you to the session who are not involved with the shoot.

Accidents happen and your baby may pee or poop during the session, but you don't need to worry. Everything is washable however I ask that you please bring extra wipes and at least 5 receiving blankets for such incidences. It is also a good idea to bring a change of clothes for yourself incase baby has an accident on you during feeding.

I have a workflow of poses that I go through during the session. I will try my very best to get every pose and prop possible with your baby, however some babies don't like to be touched or moved around too much. Should your newborn become unsettled then I will move onto some simpler posing/props. A re-shoot will only be offered should your baby not settle at all and we haven't gotten enough images.



BEFORE YOU ARRIVE



Important Steps

BEFORE YOU ARRIVE



About 45 mins to an hour (no longer) before you leave your house, please try to keep baby awake and alert as best as you can via stimulation & playtime (baths work great)



Ensure baby has a VERY full belly for the session. It is advised to feed baby right before you leave the house.



Let your baby fall asleep in the car on the way to the studio. Should baby still be awake when you arrive then I will get you to give him/her a top-up should they need it.

WHAT TO BRING



Please bring extra bottles of formula and/or pumped breast milk to help fill up baby faster and get them into a sound sleep if you are bottle feeding.



If your baby has a tendency to be gassy then please bring gripe water or oval drops with you.



Receiving blankets, wipes, extra diapers, pacifier



Dress baby in ONLY a button or zip up sleeper (no onesies underneath please).

****PLEASE AVOID DRINKING COFFEE ON THE MORNING OF YOUR SESSION IF YOU ARE BREASTFEEDING****

WHAT TO EXPECT

During Your Session



First steps

When you arrive at the studio please leave baby in the car seat. I will take the car seat from you and start preparing baby right away. During the session I will take care of your baby if he/she gets fussy or starts to wake up as I have many soothing techniques that will help settle baby down, I try to allow very little handling with the parents during the session as it can often make baby more irritable especially if they can smell 'mommy'

I'll have everything ready

I have a variety of props, headbands and hats that fit within my style to use during the session that have been sanitized ready for use. Due to Covid safety, I kindly ask that you don't bring any of your own props/hats etc into the studio, unless it has a sentimental value.



We might need a soother

Please bring a pacifier (very important). Even if your baby hasn't taken a soother, I still request you bring one as this could make or break your session. My goal is to help keep baby happy and calm during your session and is only used if assistance is needed to capture certain poses and won't create any habit forming behaviours

WHAT I NEED FROM YOU

Checklist

Thank you so reading thus far, here is a helpful checklist. Make sure you check everything below before leaving your home.



Receiving blankets



Wipes and extra diapers



Dress baby in a onesie with easy undress



A pacifier



Extra feedings

Frequently Asked Questions

Q1. How long does session last?

A newborn session usually goes longer than my other sessions, as we work with baby's rhythm. Newborn sessions usually lasts 2-3 hours.

Q2. Can we take family portraits?

Absolutely! We probably already planned for your outfits and what poses we would like with baby. Siblings and furry pets are also welcomed!

Q3. Do I access to the client closet?

Choosing a dress from the client closet is highly encouraged. I have couture as well as lifestyle dresses for mom to wear. Mom and baby portraits are always an important part of a newborn session, as well as dad-and-baby and siblings-and-baby.

DO YOU FEEL READY?



*If there are any questions please do not
hesitate to get in touch with me!*

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